

A Life at Peace

Scriptures: Micah 4:1 – 5 and Philippians 4:4 - 7

6/26/22

What is a life at peace? I sure do not know such a life. I live a life on the edge of chaos. A life at peace is the most elusive of all states of living. A life at peace is the most difficult state of being. A life at peace is a state of living that many of us wish to be. A life at peace is a state we need to strive for!

I want to live a life at peace! How about you? If you want to live a life at peace - say 'AMEN!'

Are you living a life at peace? Probably not! Our lives are definitely not a life at peace. Look at your own life - your life is full of stuff! You have a vocation, a family, some friends, and much more stuff. My guess is that you are living a life somewhere between peace and on the edge. I would guess that most of you are closer to the edge than to peace.

(Hang signs - Life on the edge & Life at peace)

(Discuss situation)

Let us talk about a life on the edge. This is a life full of frustrations. This is a life full of ambiguity, restrictions, obligations, structures, dilemmas, fears, anxieties, and doubts. This is a life on the edge. This is a life that will need prayer and God's help. If I am speaking the truth about a life on the edge - give me an AMEN!

We are often somewhere between a life on the edge & a life at peace.

Let us talk about a life at peace. A life at peace would be minus ambiguity, restrictions, obligations, structures, dilemmas, fears, anxieties, and doubt. A life at peace would be absent of ego, striving, yearning, searching, straining, competing, risking, and experimenting. Boy that sounds like a good life - a life at peace. If you want a life at peace - give me an AMEN!

A life at peace is a life of resolution and a life of rest. A life at peace is born of compassion and filled with conviction.

So, the big question - how does one get such a life? How does one get a life at peace? I know that many of you think that a life at peace is unattainable. You think a life at peace is impossible to achieve. It is NOT! It is simple to have!

In Philippians 4:4 – 7 we find a recipe for a life of peace.

Step one – Do not be anxious about anything.

Step two – In everything bring to God your prayers and petitions

Step three – with thanksgiving present yourself to God

Three easy steps! What do you think?

In today's world, step one is very difficult and at times seems impossible. But it is achievable if you believe in Jesus Christ because all things are possible through Christ!

Step two requires you to have a prayer life. Step two cannot be achieved if you do not pray to God.

Step three just means to thank God for all your blessings.

I think these three steps are achievable and a life of peace may happen!

A life at peace is achieved by walking in the name of the Lord. Simply, walk in the name of the Lord!

If you walk in the name of the Lord - swords are melted into plowshares. If you walk in the name of the Lord - struggles will be resolved in order. If you walk in the name of the Lord - searching will be replaced by being found. If you walk in the name of the Lord - harmony is synchronized with the infinity. Simply walk in the name of the Lord!

I know it is difficult to imagine a life at peace. We spend most of our lives living on the edge. It seems many of us live in chaos and often our lives are full of chaos. We live on the edge because the world is like that and our society is like that.

The sacred state of a life at peace is achievable if we only walk in the name of the Lord. Harmony is such a small twist of fate away from us. All we need to do is walk in the name of the Lord.

(Walk from 'Edge' to 'Peace')

This life at peace requires us to take a leap of faith. All you need to do is walk in the name of the Lord. Simply walk in the name of the Lord. Real serenity lies not in accepting what we cannot change, but in being accepted by the ONE who has the power to change us. If you walk in the name of the Lord, you will be transformed and peace will result in your life. Simply walk in the name of the Lord.

I hope you discover a life at peace. I hope you learn how to walk in the name of the Lord. I hope you allow the ONE who has the power to change and transform you into your life. Simply walk in the name of the Lord.

Have you heard of the 'Serenity Prayer'? The 'Serenity Prayer' was written by the American theologian in 1933. The prayer spread rapidly through the 1930's and 1940's. In 1955 it was adapted by Alcoholics Anonymous and it has become part of the Twelve Step Recovery Program in AA.

I have printed this prayer as an insert in your bulletin or it is on the screen. Let us read this prayer slowly together –

*God grant me the serenity to accept the things I cannot change;
courage to change the things I can; and wisdom to know the difference.*

*Living one day at a time; enjoying one moment at a time;
accepting hardships as the pathway to peace; taking as Jesus did, this
sinful world as it is not as I would have it; trusting that Jesus will make
all things right if I surrender to Jesus' will; that I may be reasonably
happy in this life and supremely happy with Jesus forever in the next.
AMEN.*

Let us pray:

God, grant us the serenity to accept your acceptance. Grant us the courage to change our existence. Grant us the wisdom to know our limitations. And let us walk in your name so that we may have a life at peace. AMEN.